

HENDRICKSON METHOD[®] INSTITUTE

PROFESSIONAL CERTIFICATION COURSE CATALOG

388 Colusa Ave., Kensington, CA 94707
www.hendricksonmethod.com
510-524-3107

2011/12 Hendrickson Method Training Information

Hendrickson Method Institute has been operating as a California State approved school since 1997. As a prospective student, please review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

Any questions you have that have not been satisfactorily answered by HMI may be directed to the Bureau for Private Postsecondary Education (BPPE). Phone: (916) 431-6959. Mailing address: P.O. Box 980818, West Sacramento, CA 95798-0818. Physical address: 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA, 95833.

HMI offers 526 hours of advanced professional training to qualified practitioners. These hours are offered via three professional certification courses:

- Hendrickson Method Training: Fundamentals – 126 hours
- Hendrickson Method Training: Essentials – 200 hours
- Hendrickson Method Training: Advanced – 200 hours

Hendrickson Method was developed by Dr. Tom Hendrickson beginning in 1974 and tested and refined through thousands of hours of clinical practice and teaching. This unique method incorporates Dr. Hendrickson's trademark *wave mobilization*[®] stroke and synthesizes the most advanced, effective modalities in manual medicine, including massage, joint mobilization, and muscle energy technique. Hendrickson Method maintains its cutting-edge by evolving to reflect the most current research.

As members of the Association for Massage & Bodywork Professionals (ABMP) and the American Massage Therapists Association (AMTA), the Hendrickson Method Institute is committed to advancing the field of massage and bodywork through expertly crafted training courses that skillfully combine state-of-the-art technical developments in the field of orthopedic manual therapy with energy healing.

This Catalog is designed to:

- Present information about school policies
- Provide State required notifications
- Describe Hendrickson Method Training Courses
- Outline the costs associated with each course
- Introduce Hendrickson Method Instructors

Please contact us with any questions or comments. We look forward to being of service and to having you participate in our training program.

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COURSES OF INSTRUCTION

There are three courses that provide training in Hendrickson Method. After each course, you are professionally certified at a level reflecting your degree of training. You are invited to repeat courses to deepen your skills over time. Courses are taught at the Rudramandir Center, 830 Bancroft Way, Berkeley, CA 94710.

Approval Disclosure Statement

Hendrickson Method Institute, 388 Colusa Ave., Kensington, CA, 94707, is licensed to operate by the Bureau for Private Postsecondary Education pursuant to California Education Code Section 94311.

Hendrickson Method Institute does not assist in the job placement of its graduates nor does it purport to train students for a specific profession or license. However, some of our classes contain content that might assist students in building a private practice or becoming more attractive, via their new skills, to prospective employers.

Dates and Times

2011: September 17-19, October 15-17, November 12-14, December 10-12

2012: January 14-16, February 11-13, March 10-12, April 14-16, May 12-14

9:30am – 5:30pm on Saturdays and Sundays (Fundamentals, Essentials, and Advanced)

9:00am – 5:30pm on Mondays (Essentials and Advanced)

Hendrickson Method® Training: Fundamentals (126 Total Clock Hours)

Instructors: Giles Gamble, Frank Haseloff

General Description:

Class is held once each month for two days (Saturday and Sunday) for nine months. Students will be in the same class with the Essentials and Advanced Training students, will study the same material as the 200-hour Essentials Training, but will not attend the Monday class, which is devoted to clinical application of the weekend's material. Students learn the science of orthopedic therapy, clinical assessment, fundamentals of pathology, contraindications for massage and manual therapy, and are supervised in the practice of Hendrickson Method. Each lecture includes aspects of clinical anatomy, physiology, kinesiology, the science of injury and repair of soft tissue and joints, and the scientific foundations of massage. Students learn the patterns of soft tissue dysfunction, including the concepts of Lauren Berry, P.T. Two-thirds of the class is table work and includes specific treatment protocols of massage, joint mobilization, and muscle energy technique for common orthopedic conditions. This course is taught by Giles Gamble and Frank Haseloff, except for the first weekend, which is taught by Dr. Hendrickson.

General Course Composition and Hourly Breakdown:

- | | |
|-------------------------------------|----------|
| ▪ Anatomy, Physiology, Kinesiology | 35 hours |
| ▪ Orthopedic Assessment, Scientific | 67 hours |

Foundations of Massage and Manual Therapy, Application of Techniques	
▪ Pathology	15 hours
▪ Ethics	2 hours
▪ Energy Healing and Self Care	4 hours
▪ Contraindications, Communicating with Allied Professionals	<u>3 hours</u>
Total Hours	126 hours

In addition to meeting attendance requirements, Fundamentals students are required to:

1. Document 10 hours of Hendrickson Method sessions with accompanying clinical notes.
2. Maintain a minimum cumulative score of 75% on quizzes.
3. Pass a hands-on final exam.
4. Complete a written evaluation at the end of class.

Required reading: *Massage and Manual Therapy for Orthopedic Conditions*, by Thomas Hendrickson

Recommended reading: *Color Atlas and Textbook of Human Anatomy*, by Werner Platzer

Hendrickson Method® Training: Essentials (200 Total Clock Hours)

Occupational Title: Hendrickson Method Practitioner

Instructors: Giles Gamble, Frank Haseloff, and Tom Hendrickson

General Description:

Class is held once each month for three days (Saturday, Sunday, and Monday) for nine months. Students learn the science of massage therapy, clinical assessment, contraindications for massage and manual therapy, and are supervised in the practice of Hendrickson Method. Each lecture includes clinical anatomy, physiology, kinesiology, the science of injury and repair of soft tissue and joints, as well as the patterns of soft tissue dysfunction, including the concepts of Lauren Berry, P.T., a legendary healer, and Dr. Hendrickson's mentor. Two-thirds of the class is table work and includes specific treatment protocols of massage, joint mobilization, and muscle energy technique for common orthopedic conditions. Students are introduced to wave mobilization®, a new massage stroke developed by Dr. Hendrickson. Modeled after ocean waves, this stroke mobilizes the soft tissue as well as the joints using a gentle oscillating rhythm. Weekend classes are taught by Giles Gamble and Frank Haseloff. Monday classes, called "Clinical Applications", are led by Dr. Hendrickson who teaches how the techniques learned over the weekend are applied in the clinical setting. History, assessment, and treatment methods are demonstrated and practiced. Graduates who successfully meet all course requirements receive professional certification and the right to use the title: Hendrickson Method *Practitioner*.

General Course Composition and Hourly Breakdown:

▪ Anatomy, Physiology, Kinesiology	45 hours
▪ Orthopedic Assessment, Scientific Foundations of Massage and Manual Therapy, Application of Techniques	120 hours
▪ Pathology	15 hours
▪ Ethics	3 hours

▪ Energy Healing and Self Care	12 hours
▪ Contraindications, Communicating with Allied Professionals	<u>5 hours</u>
Total Hours	200 hours

In addition to meeting attendance requirements, Essentials students are required to:

1. Document 25 hours of Hendrickson Method sessions with accompanying clinical notes.
2. Maintain a minimum cumulative score of 75% on quizzes.
3. Pass a hands-on final exam.
4. Complete a written evaluation at the end of class.

Required reading: *Massage and Manual Therapy for Orthopedic Conditions*, by Thomas Hendrickson

Recommended reading: *Color Atlas and Textbook of Human Anatomy*, by Werner Platzer

Hendrickson Method® Training: Advanced (200 Total Clock Hours)

Occupational Title: Hendrickson Method Therapist

Instructors: Giles Gamble, Frank Haseloff, and Tom Hendrickson

General Description:

Class is held once each month for three days (Saturday, Sunday, and Monday) for nine months. This course is a continuation of Hendrickson Method Training: Essentials and focuses on helping students deepen their knowledge of the science of orthopedic therapy and clinical assessment. Advanced students are given a separate study guide for each chapter, which covers new material from the Essentials course. Students attend the same lectures as the Essentials students, but are responsible for knowing an advanced level of understanding of both the science and practice of Hendrickson Method. Lectures include: a review of the anatomy and physiology of joints and soft tissue of a particular region of the body, the neurological effects of joint dysfunction; the patterns of soft tissue dysfunction, including the concepts of Vladimir Janda M.D., a pioneer in manual medicine. Table work includes assessment skills, including differential assessment, and how to communicate with other health care providers. Two-thirds of classroom hours are devoted to learning specific treatment protocols including massage, joint mobilization, and muscle energy technique. Advanced levels of muscle energy technique are presented. Students are also instructed in how to deepen their internal energy. The weekend classes are taught by Giles Gamble and Frank Haseloff. Monday classes, called "Clinical Applications", are led by Dr. Hendrickson who teaches how the techniques learned over the weekend are applied in the clinical setting. History, assessment, and treatment methods are demonstrated and practiced. Graduates who successfully meet all course requirements will receive professional certification and the right to use the title: Hendrickson Method *Therapist*.

General Course Composition and Hourly Breakdown:

▪ Anatomy, Physiology, Kinesiology	55 hours
▪ Orthopedic Assessment, Scientific Foundations of Massage and Manual Therapy, Application of Techniques	106 hours
▪ Pathology	25 hours
▪ Ethics	3 hours

▪ Energy Healing and Self Care	6 hours
▪ Contraindications, Communicating with Allied Professionals	<u>5 hours</u>
Total Hours	200 hours

In addition to meeting attendance requirements, Advanced students are required to:

1. Document 25 hours of Hendrickson Method sessions with accompanying clinical notes.
2. Maintain a minimum cumulative score of 75% on quizzes.
3. Pass a hands-on final exam.

Required reading: *Massage and Manual Therapy for Orthopedic Conditions*, by Thomas Hendrickson

Recommended reading: *Color Atlas and Textbook of Human Anatomy*, by Werner Platzer

Summary of Costs and Payment Options

Summary of Costs for the Fundamentals Training:

Registration (non refundable)	200.00
Tuition	2790.00
STRF (non refundable)	<u>10.00</u>
Subtotal*	\$3000

Required Reading:

Massage and Manual Therapy for Orthopedic Conditions

	<u>65.00</u>
Total	\$3065.00

Three Payment Options From Which You Can Choose:

1. Regular Enrollment:

- \$3000 due in two installments:
 - \$1500 before 1st day of class
 - \$1500 before 1st class meeting in January 2012

2. Early Enrollment:

- \$2800 by Aug.15, 2010 (must be paid in full to receive this discount)

3. Monthly Payment Plan:

- \$3200 due in 9 installments:
 - \$1000 before 1st day of class
 - 3 payments of \$300 due before first day of class in Oct., Nov., Dec.
 - 5 payments of \$260 due before first day of class in Jan., Feb. Mar, Apr., May
 - Note: Payment Plan includes \$200 finance fee

Summary of Costs for the Essentials or Advanced Training:

Registration (non refundable)	200.00
Tuition	4290.00
STRF (non refundable)	<u>10.00</u>
Subtotal*	\$4500

Required Reading: <i>Massage and Manual Therapy for Orthopedic Conditions</i>	<u>65.00</u>
Total	\$4565.00

Three Payment Options From Which You Can Choose:

1. Regular Enrollment:
 - \$4500 due in two installments:
 - \$2250 before 1st day of class
 - \$2250 before 1st class meeting in January 2012
2. Early Enrollment:
 - \$4200 by August 15, 2011 (must be paid in full to receive this discount)
3. Monthly Payment Plan:
 - \$4700 due in 9 installments:
 - \$1000 before 1st day of class
 - 3 payments of \$400 due before first day of class in Oct., Nov., Dec.
 - 5 payments of \$500 due before first day of class in Jan., Feb. Mar, Apr., May
 - Note: Payment Plan includes \$200 finance fee

Auditing Essentials or Advanced Training:

Students may elect to audit Hendrickson Method Essentials or Advanced Training to deepen their skills and competence. There is no credit or new certification. Students pay a reduced audit fee and attend any or all classes and may elect to take quizzes to test their proficiency. Students who register to audit a class are not entitled to any refund of fees should they cease to attend. Fundamentals Training does not offer an audit option.

Audit Tuition: \$3200

ADMISSIONS

Admissions Policy

Applicants must be 18 years or older and have completed high school or equivalency. Students must also have met specific prerequisites for each class in which they enroll. Prospective students are invited to call our administrative offices and meet with school representatives to discuss their goals and the requirements of Hendrickson Method classes. We reserve the right to refuse enrollment to anyone.

Due to the unique nature of Hendrickson Method Trainings, we do not accept transfer credits from any other educational institution.

Prerequisites

Hendrickson Method Training: Fundamentals and Essentials

1. Certification in massage therapy. We also suggest 25 hours of anatomy and physiology training, and one year experience in the field, **or**
2. Health care license (D.C., P.T., etc.), **or**
3. Students who do not meet the above criteria but feel they have equivalent knowledge and experience are invited to request an exception from Hendrickson Method Institute.

*Note: In order to gauge the level of prior knowledge needed to be successful in class, students uncertain of their proficiency in anatomy are encouraged to read the first two chapters of *Massage and Manual Therapy for Orthopedic Conditions* by Thomas Hendrickson and take the "Anatomy Self Assessment" found on our website. Students who want to strengthen their anatomy knowledge can enroll simultaneously in our Anatomy class. See the "continuing education" page on our website for more information.*

Prerequisites

Hendrickson Method Training: Advanced

- Successful completion of Hendrickson Method Training: Essentials

How to Enroll

Enrollment in any Hendrickson Method class for which the student is qualified requires completion of the Enrollment Agreement and payment in full or part, as outlined in the Agreement. Signing the Enrollment Agreement also means that the student has received and signed the School Performance Fact Sheet and has received this catalog and is familiar with and agrees to the Hendrickson Method Institute's policies.

FINANCIAL INFORMATION

Reserving Space in Class

In order to be assured of having a space in class, students must complete and sign an Enrollment Agreement and submit it with the payment amount due before the first day of class, as indicated on the enrollment agreement. Please note that registration fees are non-refundable. See page 6 and 7 for payment options.

Making Class Payments

Please call the Hendrickson Method Institute with a credit card, or hand deliver or mail in your payments so that they arrive **on or before** the due date. Include your name, phone number, and the title of the class in which you are enrolled with your payment. **It is your responsibility to make payments on time. No notices will be sent. Students may not attend classes for which they have not paid. There will be a \$10 late fee charged for each late payment.**

Financial Aid

Hendrickson Method Institute does not participate in any state or federal financial aid programs. If you obtain a loan to pay for an educational program, you will have the responsibility to repay the full amount of the loan plus interest.

Bankruptcy Disclosure

Hendrickson Method Institute does not have a pending petition in bankruptcy, is not operating as a debtor in possession, nor has it filed a petition within the preceding five years. It has not had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under chapter 11 of the United States Bankruptcy Code.

Student Tuition Recovery Fund (STRF)

The Student Tuition Recovery Fund (STRF) was established by the Legislature to protect any California resident who attends a private postsecondary institution from losing money if he/she prepaid tuition and suffered a financial loss as a result of the school closing, failing to live up to its enrollment agreement, or refusing to pay a court judgment. To be eligible you must be a California resident and reside in CA at the time the enrollment agreement is signed, or receive lessons at a CA mailing address from an approved institution offering correspondence instruction. Students who are temporarily residing in CA for the sole purpose of pursuing an education, specifically those who hold student visas, are not considered a CA resident. The Bureau for Private Postsecondary Education requires that we collect a separate fee of \$2.50 per \$1000 in tuition from each student for each professional course in which the student enrolls. If the student is a recipient of third-party payer tuition, then the student is not eligible for protection under the STRF. This fee is not part of your tuition and is remitted to the State. To file a claim, download an application at the Bureau's website: <http://bppe.ca.gov/students/> or contact the BPPE at (888) 370-7589.

Withdrawal

A withdrawal is when the student formally cancels their enrollment *before* the first day of class. Students receive a full refund minus the \$200 Registration Fee. Withdrawal notification must be made in writing and is considered official on the date the written notification is received by the HMI administrative office.

Cancellation and Refund Policies

The student has the right to cancel the enrollment agreement on or before the first day of instruction and receive a full refund minus the \$200 Registration Fee. After the first day of instruction, refunds are prorated for up to 60% of the education hours, beyond which there is no refund for the unused portion of tuition. All refunds will be paid within 30 days. The refund amount is derived by determining the hourly charge for the class by taking the course tuition and dividing by the number of hours in the program. The total number of class hours held prior to receipt of the cancellation notification is multiplied by the hourly charge for instruction (as computed below).

Example: The tuition for Hendrickson Method Training: Essentials is \$4290 for 200 hours of class. Note that this amount does not include the \$200 non-refundable registration fee, STRF fee or finance fee (if applicable). The hourly charge for this class would be \$21.45 ($\$4290 \div 200 \text{ hrs}$). If a student drops after 14 hours of class time, the amount they would owe is $\$21.45 \times 14 \text{ hours} = \300.30 . Hendrickson Method Institute would refund the difference: $\$4290 - \$300.30 = \$3989.70$.

Requests for cancellation must be made in writing. The date of cancellation is the date the written notice is received by Hendrickson Method Institute. Students do not have the right to cancel by telephoning the school or by not coming to class.

Class Cancellation by HMI

If Hendrickson Method Institute is forced to cancel a course for any reason students will receive a 100% refund of any enrollment fees paid.

FACILITIES

Administrative Office

Hendrickson Method Institute's administrative office is located at 388 Colusa Ave., in Kensington, California – on the border of Berkeley. It is approximately 25 minutes from San Francisco, 45 minutes from San Francisco International Airport, and 30 minutes from Oakland, CA International Airport.

Office Hours

School office hours vary according to course schedules but average 20 open hours per week, Monday-Friday. Messages may be left 24 hours a day, 7 days a week at 510-524-3107.

Class Location

Rudramandir Center, 830 Bancroft Way, Berkeley, CA 94710. Parking is available nearby.

Massage Tables

Please check with administration at the time you enroll to confirm if tables will be provided or if you will need to bring your own table to class.

CLASSROOM POLICIES

Completion Requirements

Students will receive a certificate when they have met the following completion requirements:

1. 90% attendance (make-ups permitted)
2. Completion of required reading
3. Passing a hands-on final
4. Completion of all homework assignments
5. Completion of the financial agreement
6. Minimum cumulative score of 75% on quizzes
7. Completion of any required practice massages
8. Completion of course evaluation

Students enrolled in certification courses must fulfill all completion requirements within 3 months of the class ending date. If course requirements change during the student's time frame for completion, the most current requirements will be used in determining pass/fail status. Financial obligations must be completed by payment due dates.

Progress and Grading System

All courses at Hendrickson Method Institute are pass/fail. Students must successfully meet all completion requirements to become certified.

Notice of Transferability of Credits Earned at Hendrickson Method Institute

The transferability of credits you earn at Hendrickson Method Institute is at the complete discretion of the institution to which you seek to transfer. Acceptance of the certificate you earn in Hendrickson Method Essentials, Advanced or Fundamentals Training is also at the complete discretion of the institution to which you seek to transfer. If the certificates that you earn at HMI are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at HMI will meet your educational goals. This may include contacting the institution to which you seek to transfer to determine if your certificate will transfer.

Student Conduct

We encourage and expect students to behave respectfully toward other students, faculty, and clients, and to help create an emotionally and physically safe environment for everyone in our learning community. Any student who experiences a problem with any other student, faculty, school personnel, client or with any other aspect of the school program, is encouraged to bring this to the attention of their instructor or the HMI administration. A written complaint log will be maintained. At the discretion of the Institute, a student may be dismissed from class for unsatisfactory progress, late financial payments, disrespectful or lascivious behavior, for incidents of an intoxicated or drugged state of behavior, for behavior creating a safety hazard to other persons at the school, for ethical infractions, or any determined disruption, or infraction of conduct, as solely determined by the Institute. Students dismissed at the discretion of the Institute are not eligible for refunds of tuition or fees.

Please note that:

- Sexually charged or inappropriate language or actions are not permitted at any time.
- When students are working on one another in class, their peer relationship transitions into a therapist/client relationship and it is the later role that should guide behavior. The NCBTMB Code of Ethics states this as follows: Therapists will “refrain, under all circumstances, from initiating or engaging in any sexual conduct, sexual activities, or sexualizing behavior involving a client, even if the client attempts to sexualize the relationship.”

Inappropriate behavior should be reported to the instructor or to Gretchen Dunn in the administrative office (510-524-3107). If you have any questions regarding the above policies, please ask your instructor to discuss them with you.

Attendance Requirements, Tardiness and Leave of Absence

Students must attend at least 80% of the originally scheduled classes and make up enough of the missed classes to meet the 90% attendance requirement. Students who are more than 30 minutes late to class are considered tardy. Three tardy marks will be considered one absence. Students missing more than 20% of class time will not receive credit for the class. If a student is required to take a leave of absence from the training program under extenuating circumstances, refunds will be given according to school policy unless a mutually agreed upon plan to continue training at a different time is determined and an addendum to the enrollment agreement is signed.

Making Up Classes

Students must make up all missed classes within 1 month of the end of the school year (by June 14, 2012). Make up classes must be for the specific class topic originally missed according to these rules:

1. Students may make up missed classes by scheduling a private tutorial with one of the designated instructors.
2. A one-hour tutorial is equivalent to 3 1/2 hours of class time.
3. Tutorials are considered extra-curricular and are not included in the tuition. Fees range depending on the number of students attending and the instructor's fee. 24-hour cancellation notification is required in order to avoid a cancellation fee.
4. Each student must arrange tutorial appointments with the instructor directly and make payments directly to them.

5. Students must return a tutorial form signed by the make-up teacher to the current instructor in order to get attendance credit.

Please bring any questions to the attention of the school administration.

RECORDS

Records Retention

State law requires Hendrickson Method Institute to maintain student records for a minimum five-year period at its principal place of business.

Transcripts

Requests for transcripts are to be made in writing and include your name, address, phone number, and the class title and year in which you were enrolled. There is a \$20 transcript fee.

LEGAL NOTICES

Compliance

This institution, the facilities it occupies, and the equipment it utilizes fully complies with any and all federal, state, and local ordinances and regulations, including those requirements as to fire safety, building safety, and health.

ESL Programs & Class Language

The Institute does not currently offer an ESL program. Classes are taught in English only.

Student Complaint Procedure and Conflict Resolution

Students may submit an oral or written complaint to any teacher, assistant, or school employee. All complaints will be referred to Gretchen Dunn the School Administrator, and will be addressed within 10 days of receipt of the complaint. Persons seeking to resolve problems or complaints should first contact the class instructor.

A student or any member of the public may file a complaint about Hendrickson Method Institute with the Bureau for Private Postsecondary Education (BPPE), by calling (888) 370-7589 or completing a complaint form, which can be obtained on the bureau's web site: www.bppe.ca.gov

Proprietary Information

Hendrickson Method Institute owns and retains proprietary rights in the copyrighted material, trademarks, course design, and other information pertaining to all Hendrickson Method courses and those held by its licensees. Except for that information which is in the public domain or for which you have been given specific written permission, students may not copy, modify, publish, transmit, distribute, teach, display, or sell any such proprietary information.

Hendrickson Method® and *wave mobilization*® are registered trademarks belonging to the Hendrickson Method Institute, Inc. You may use the trademarks only according to the normal rules of usage which can be found in detail on our website or upon request from administration.

Indemnification

By signing the Enrollment Agreement, each student hereby agrees to indemnify Hendrickson Method® Institute (HMI), and its officers, agents, employees and consultants and hold them harmless from any costs, liabilities, or losses they incur as a result of any claim, penalty, demand for compensation or lawsuit which may arise from the student's participation in any Hendrickson Method Class, or which may be asserted by a third party which occurs (whether directly or indirectly) because of anything the student does or fails to do in the course of his or her training and practice of Hendrickson Method, or after the student is certified as a result of the use of Hendrickson Method in his or her practice. The student agrees that any attorney's fees incurred by HMI in enforcing this agreement to indemnify shall be included in expenses paid to HMI in any related legal action.

Policy for Promotional Use of Photographs

From time to time, promotional photographs are taken inside or around classrooms while class is in session, but never when students are disrobed. By signing the Enrollment Agreement, the student agrees to allow Hendrickson Method Institute to use without limit any promotional photographs taken which may contain the student's image.

ADDITIONAL INFORMATION

Hendrickson Method Association

The Hendrickson Method graduate's professional status is protected and supported through the Hendrickson Method Association. HMA provides members with discounts on C.E. classes, access to members-only classes with Dr. Tom Hendrickson, provides exposure to clients and employers via a locator referral service, protects the trademark, publishes an informative newsletter, and is required membership for anyone wishing to use the Hendrickson Method trademark as part of their professional title or designation.

Lost & Found

Hendrickson Method Institute is not responsible for lost or stolen items. Please check with your instructor or call the school office at 510-524-3107 to see if lost items have been found.

Teaching Staff

Dr. Tom Hendrickson

Tom Hendrickson D.C. is the founder and president of Hendrickson Method Institute in Kensington, California where he has been teaching his unique method of massage and manual therapy since 1982. Dr. Hendrickson is also in private practice as a Chiropractor, specializing in soft tissue injuries.

Dr. Hendrickson began studying the healing arts in 1972. He trained with Zen priest and Shiatsu Master Riuho Yamada, studied Lomi Bodywork with Robert Hall M.D. et al, and trained in Reichian Bodywork under Phil Curcuruto D.C., Ed Jackson M.D. and Peter Levine PhD. and has trained with healers Rosalyn Bruyere and Muriel Chapman D.O. In 1982, Dr. Hendrickson

completed a one-year apprenticeship and four-year training program under the legendary Lauren Berry, RPT, a mechanical engineer and physical therapist, who made significant contributions to the field of soft tissue therapy. He then went on to graduate from Life Chiropractic College in 1986. Hendrickson Method evolved out of Dr. Hendrickson's extensive training with these master teachers and has been refined in the course of his clinical experience treating over 150,000 patients in chiropractic and soft tissue therapy. It also reflects his extensive study and practice of yoga, Tai Chi and meditation, which he practices on a daily basis.

Giles Gamble

Native to the Bay Area, Giles pursued his education in massage initially in Marin, obtaining his CMT, advanced bodywork and acupressure certification before becoming involved with Hendrickson Method. He practices Hendrickson Method at the Hendrickson Clinic and in his private practice in Marin. He became a certified teacher in Hendrickson Method in 2005. Giles enjoys the uniqueness of this work and the way it benefits people. He likes to incorporate these philosophies in his favorite things - family, biking, and hiking.

Frank Haseloff

Frank has been a bay area resident since 1988 and has been doing bodywork for 19 years. His training began in San Francisco's Japantown where he studied Shiatsu and honed his skills for 11 years at the Kabuki Hot Springs. Over the years he has also worked at a senior care facility as well as several chiropractic clinics. As his interest in orthopedic massage grew, he discovered the Hendrickson Method Institute. He has studied and practiced Hendrickson Method® for 9 years and has been a certified teacher of Hendrickson Method since 2006. Frank is the owner of Walnut Creek Manual Therapy in Walnut Creek, providing Hendrickson Method manual therapy to the east bay communities for the past 8 years.

Certified Hendrickson Method Teaching Assistants

Each class includes Hendrickson Method Teaching Assistants who are training to become certified teachers. Teaching Assistants work closely with the students to help them understand and perform Hendrickson Method correctly. They are also responsible for presenting lecture material and demonstrating strokes from time to time under direct supervision of a certified teacher.